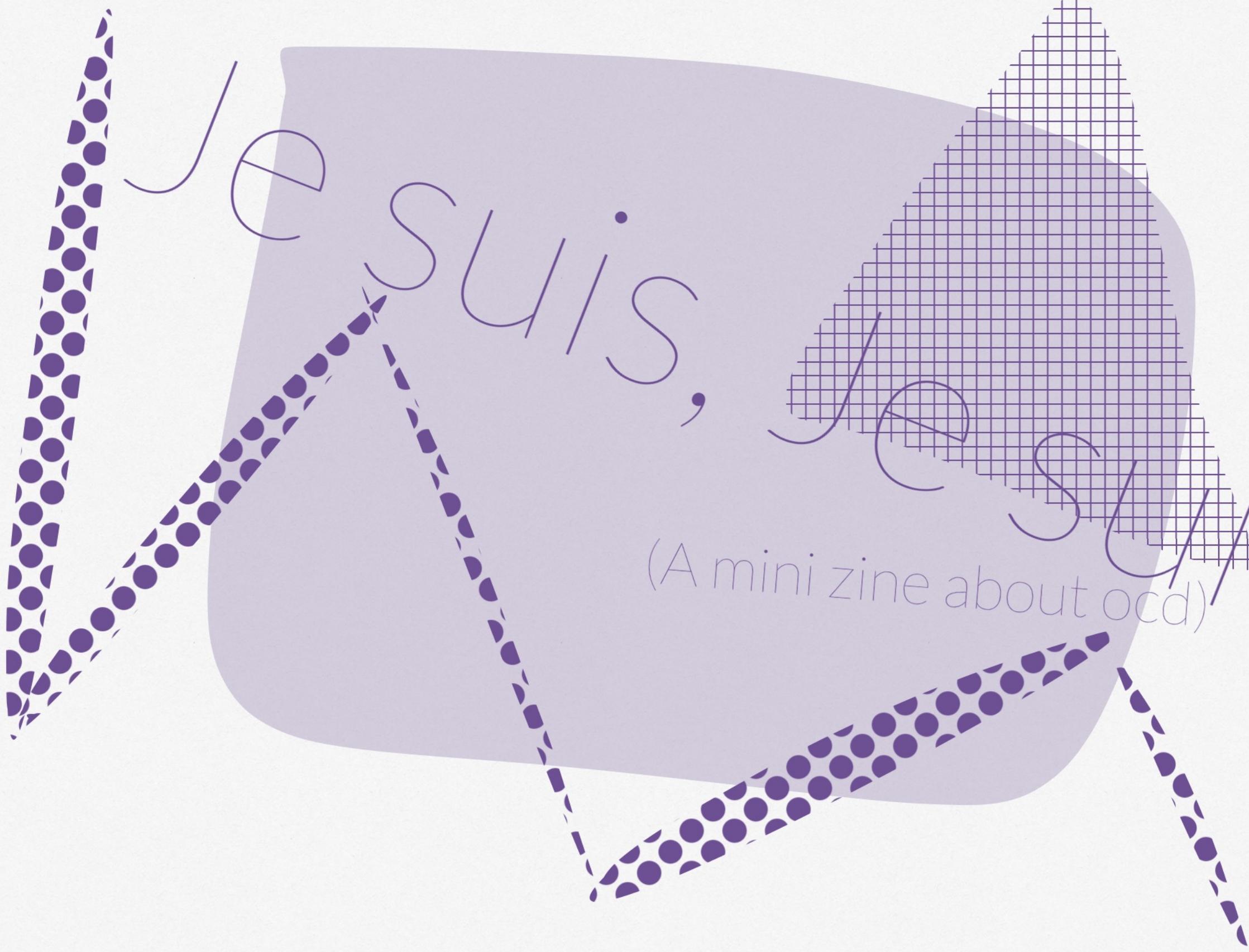


JESUITS,

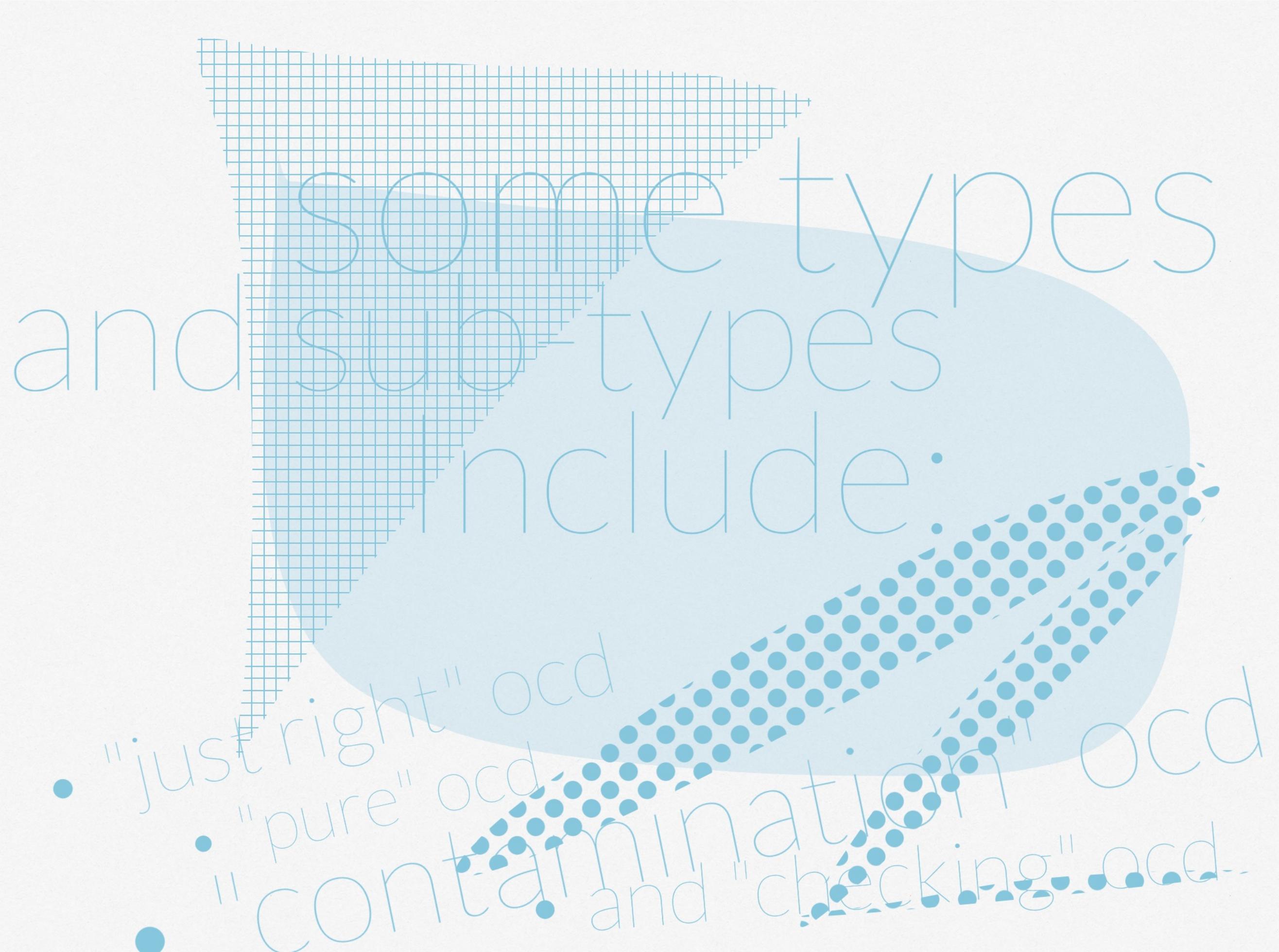
JESUITS

(A mini zine about ocd)



OCD is an acronym for obsessive-compulsive disorder,
an anxiety disorder that can take on many
different forms.





some types
and subtypes
include:

- "just right" ocd
- "pure" ocd
- "contamination" ocd
and "checking" ocd

OCD can be attributed to biological factors such as genetics

and individual brain function

but can also be attributed to one's environment.

For some OCD can even develop

out of learned behaviors from being in certain

social interactions or situations.

Not everyone has OCD.

Even similar traits or moments of anxiety

don't necessarily

fall under OCD and can be

offensive to some to
them as such.

In that same light it is also

important to try to be
understanding

of those who use it as slang
or an umbrella term.

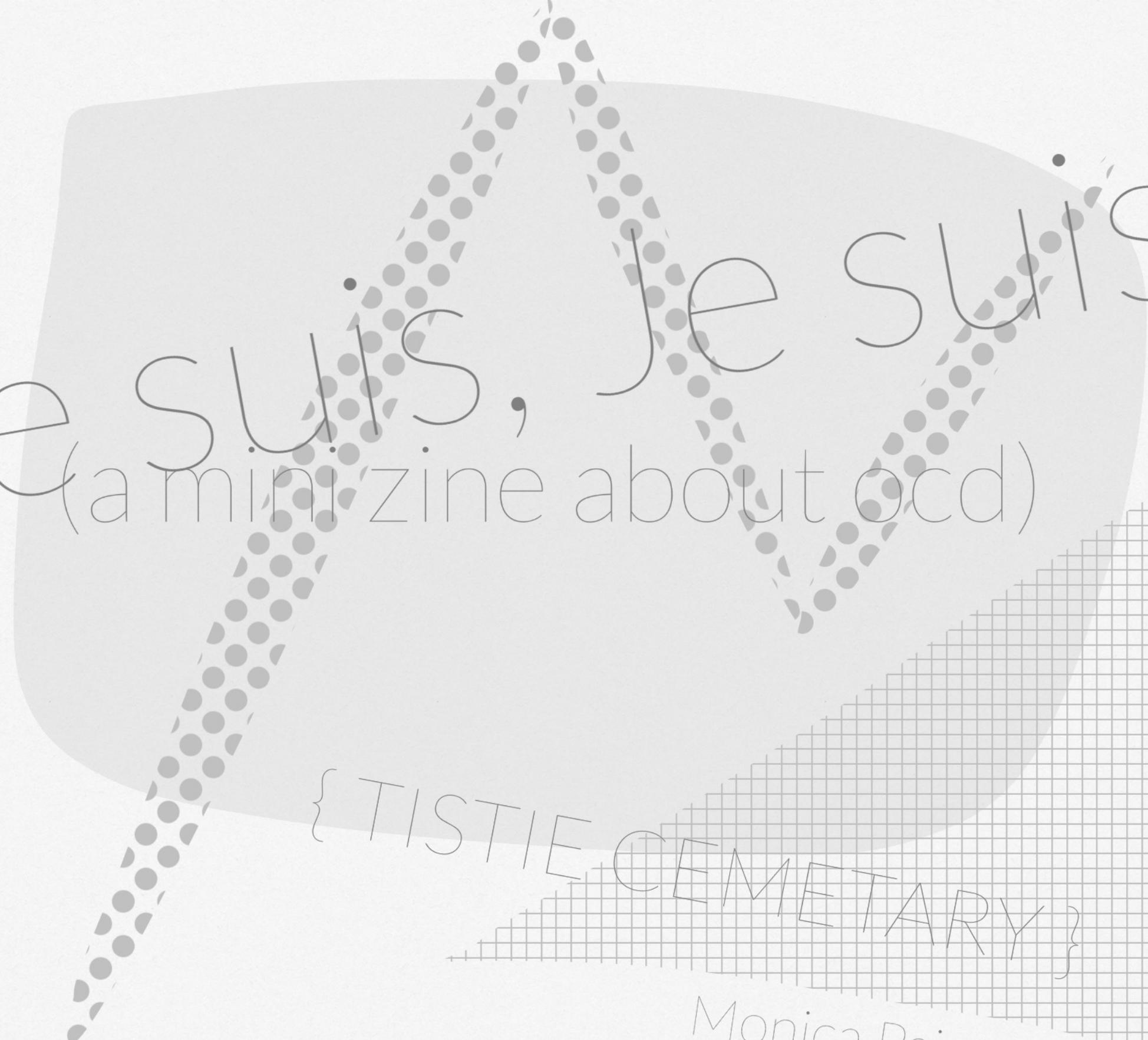
OCD is different for everyone.

types

can overlap

It is also possible to experience multiple types of OCD.

Treatment and ways to manage one's OCD will vary.



Je suis, Je suis
(a mini zine about ocd)

{ TISTIE CEMETARY }

Monica Paige, 2014