

There are many free help lines such as mind and samaritans, and you can get free therapy via NHS

There have been multiple recent suicide cases where people have turned to AI for help, and it has encouraged them to take their own lives.

But AI does not have feelings, nor does it have any kind of training. It is a yes man that will agree with almost everything

AI as a replacement for therapy may seem like a great idea

I USE AI BECAUSE I CANT AFFORD THERAPY.

The information it does provide is also often biased.

They also often lack a solid source for the information they provide, which is more work for you.

Because AI language models were trained using essentially the entire internet, they are FULL of misinformation.

MAYBE RETHINK THAT.

I USE IT TO HELP ME RESEARCH

BUT I WANT TO USE IT FOR MY ESSAY!!

IT WILL.

"But this doesn't effect me!!"

The people living next to the data centers in the US do not have clean drinking water.

And a large amount of these centers are in areas which already have water scarcity.

The large AI data centers use fresh water for cooling and dump it irresponsibly.

It is estimated that another 100 data centers will be built in the UK in the next year to meet the demand.

AI has scraped: Instagram, Twitter, TikTok, Pinterest, Facebook AND MORE

With no way to opt out.

Generative AI was programmed using the works of millions of artists, writers and musicians WITHOUT their permission.

THE BASICS

JOBS

The rise of AI in creative spaces will lead to less jobs available in the arts. Media will start being produced by bots, not people, and will become generic. Whilst real artists will be left jobless.

WE CAN'T LET THIS HAPPEN!!

SO WHAT CAN I DO???

first, stop using AI.

Spread this info

Share this Zine. Leave it somewhere.

Do your own research on the subject! Find out more on your own about the harmful effects of AI

Be proactive! Call people out when they use AI and explain WHY it's harmful!

And most importantly, CREATE!!

Making bad art is better than making nothing.

Thank you for reading the first edition of Freak Folio. There will be more to come!!

If you have an idea for another theme or would like to collaborate you can contact me here!!



@FREAK_FOLIO

Please share this zine

FREAK FOLIO



AI IS NOT YOUR FRIEND

why you shouldnt use it

Edition.1