

## Books by Ivy L. James

*Conveniently Hers*: f/f  
marriage of convenience  
romance

*A Necklace of Teeth*: queer  
rage poetry chapbook

[authorivyljames.com](http://authorivyljames.com)

## Witchy Spirituality in Everyday Life

How to Find the  
Magic Around You



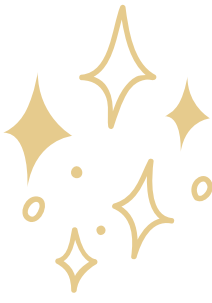
## Research and Learn!

There are tons of ways to be  
witchy!

Learn about what interests  
you, and try things out for  
yourself.

Not everything will vibe with  
you, and that's okay.  
Everyone's path and style is  
unique.

Use critical  
thinking, and  
practice what  
you like. It'll  
come together  
for you.



## Practice Your Favorite Type of Divination

Divination, for me, is not  
about "telling the future." It's  
more about learning one's  
own self, innermost thoughts  
and feelings, and best path  
forward. It makes me *think*.

Some types of divination that  
I enjoy:

- Tarot cards
- Rune casting
- Charm casting
- Shuffling
- Osteomancy
- Bibliomancy

## Practice Soft Animism

Animism is the concept that  
everything has a spirit. This  
doesn't have to be a  
supernatural spirit (God,  
Spirit, dryad, etc.), but rather  
an aliveness, wisdom, even  
soul. Respect that life.

Thank the tree in your front  
yard for watching over your  
house. Take a moment to sit  
with it and feel its energy.  
Reach out mentally and  
extend blessings to even the  
insects and plants around you.  
Talk to your garden.

## Keep Yourself Safe

**Grounding** is sending excess  
energy back to the earth. Plant  
your feet and send that  
nonsense downward.

**Centering** is calling your own  
energy back to you. Reach out  
for yourself and recall what  
you've lost. Bring it back in.

**Shielding** is protecting  
yourself from other people's  
energies. Some people  
envision this as a glowing gold  
sphere, a second skin, or even  
a literal shield.

## Act with Intention

Implementing intention into  
each thing you do makes that  
act more powerful.

For example, instead of  
thoughtlessly stirring your  
coffee, think "Bring me  
vitality" with each circle of  
the spoon.

Light a candle with purpose.  
Weed your garden with  
purpose. Be intentional and  
feel the power flow.

## Sigils

There are many ways to create  
a sigil, but the best way is the  
one that works for you.

Here's my process:

1. Choose what the sigil is for  
(a deity or a goal).
2. Design the sigil. (Feel free  
to try different styles!)
3. Use the sigil.
  - Draw it on a candle  
and then light it.
  - Write it on paper, and  
then burn.
  - Use it as a temporary  
tattoo.