

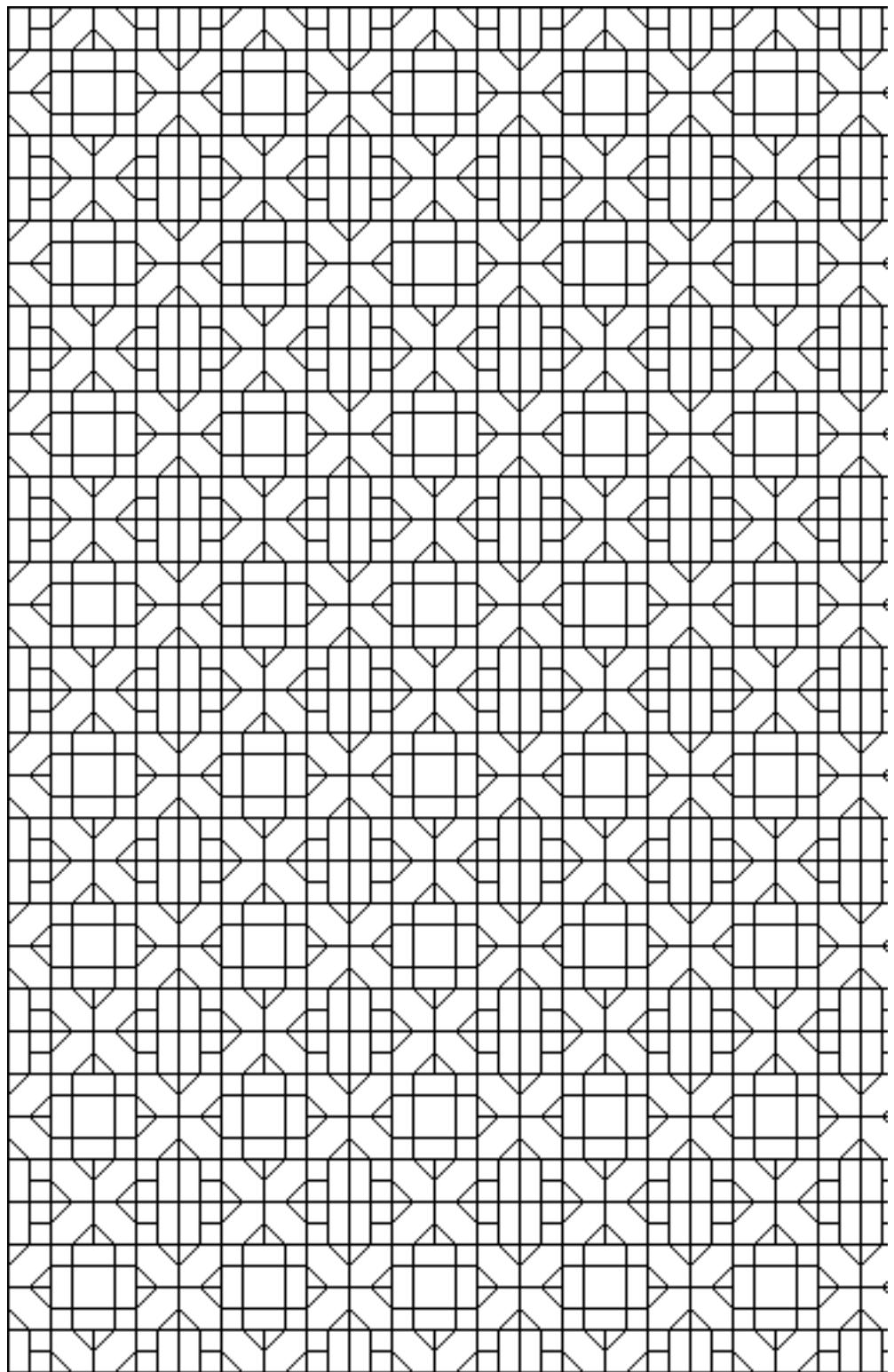
QUILTING

a journal

kate burch 2010

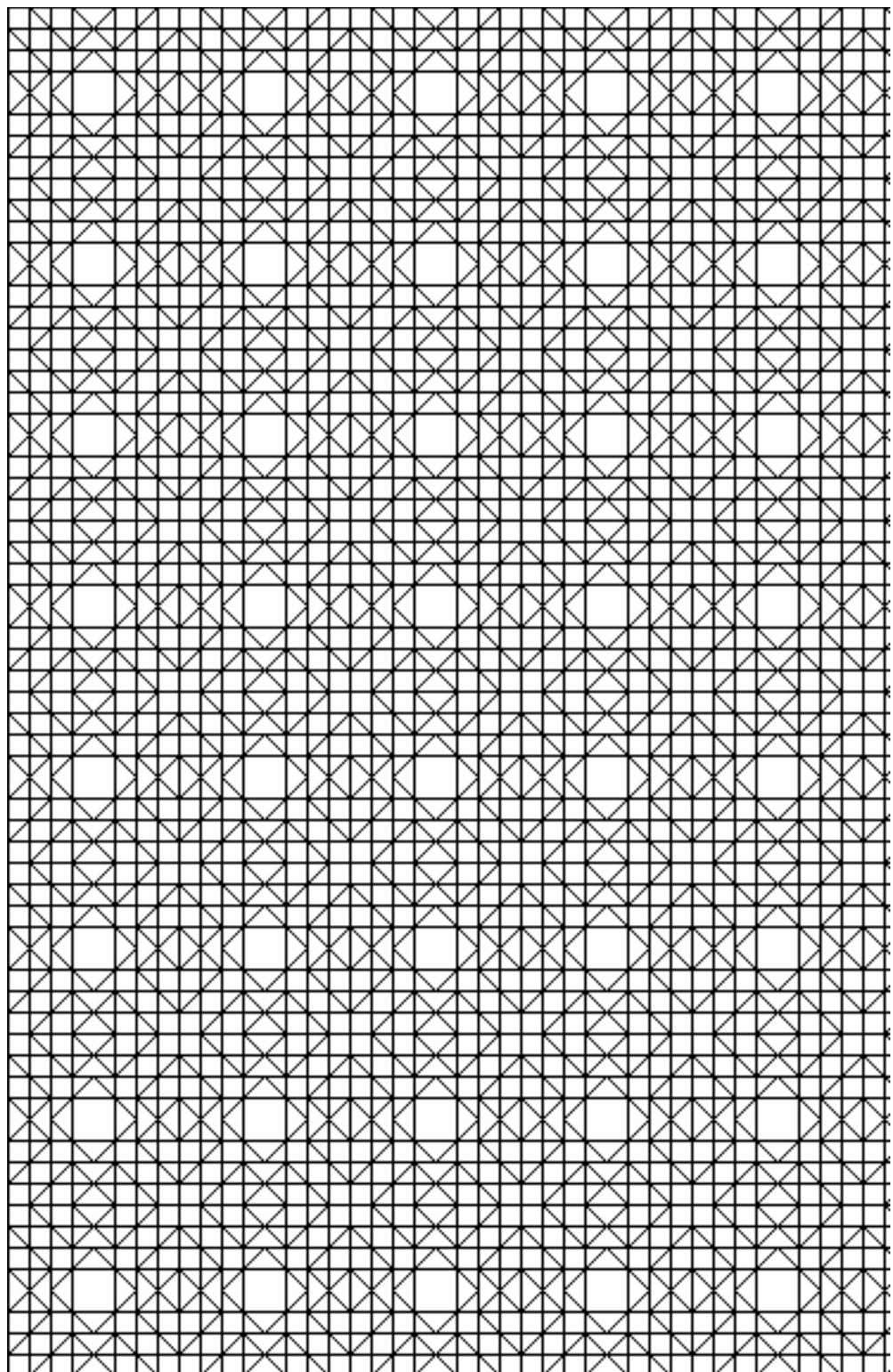
HOW DO YOU FEEL TODAY?

HOW MUCH DID YOU SLEEP LAST NIGHT?



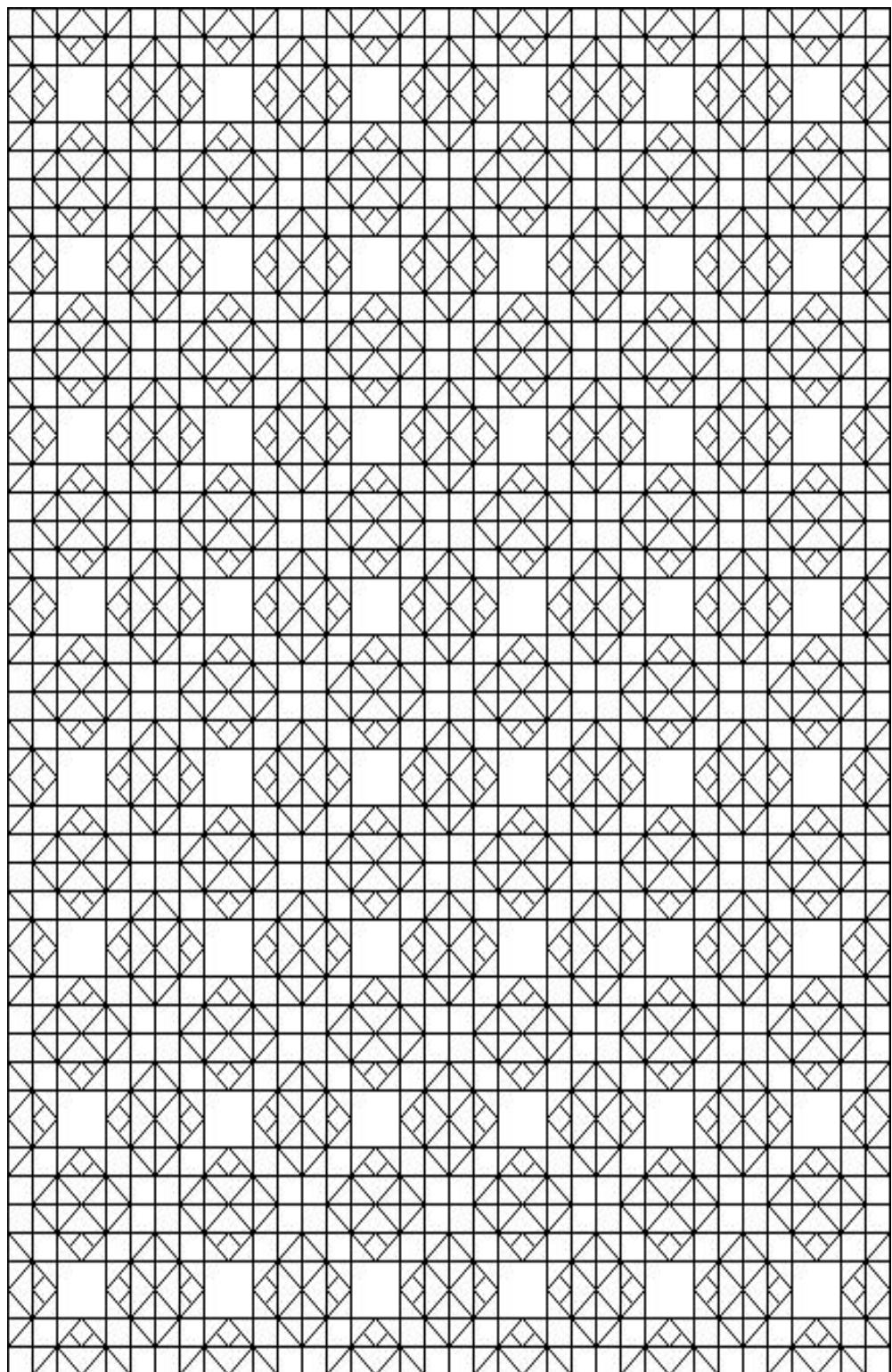
WHAT ARE SOME THINGS YOU LIKE?

WHAT ARE SOME FEELINGS YOU LIKE?



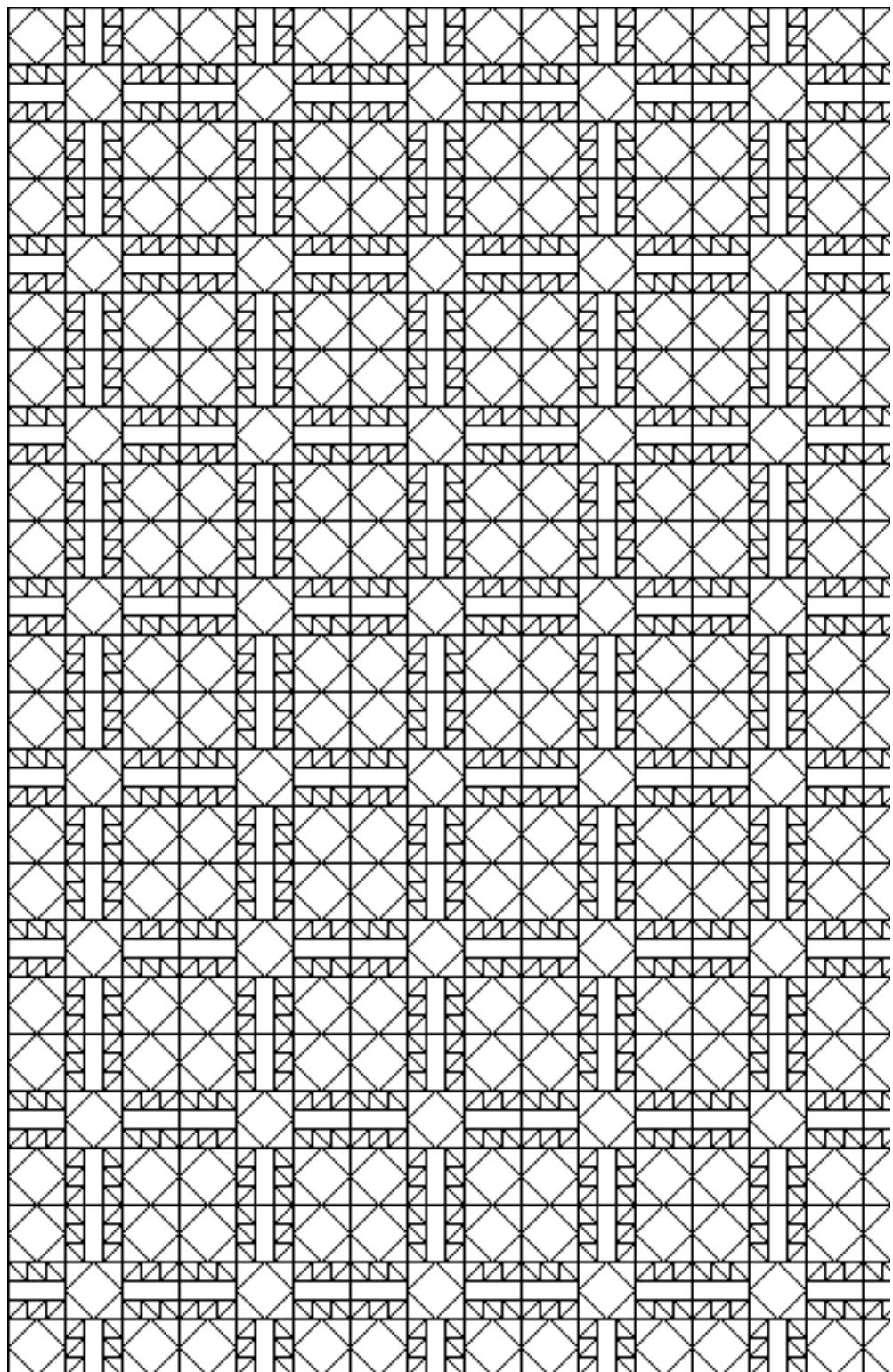
DO YOU FEEL SAFE?

DID YOU DO ANYTHING YOU DIDN'T WANT TO DO TODAY?



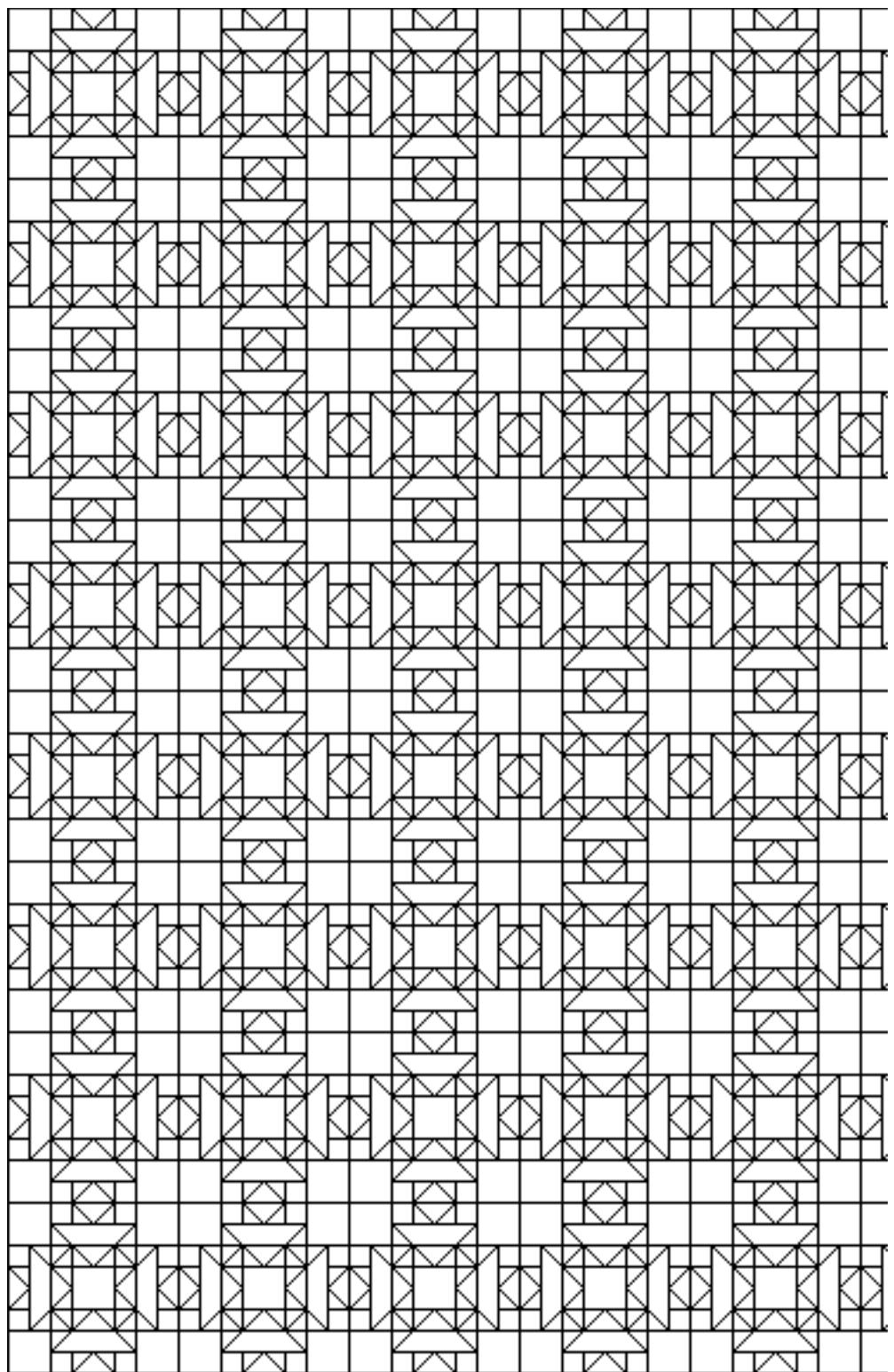
HOW DID YOU FEEL WHEN YOU WOKE UP THIS MORNING?

HOW DID YOU FEEL WHEN YOU WENT TO SLEEP LAST NIGHT?



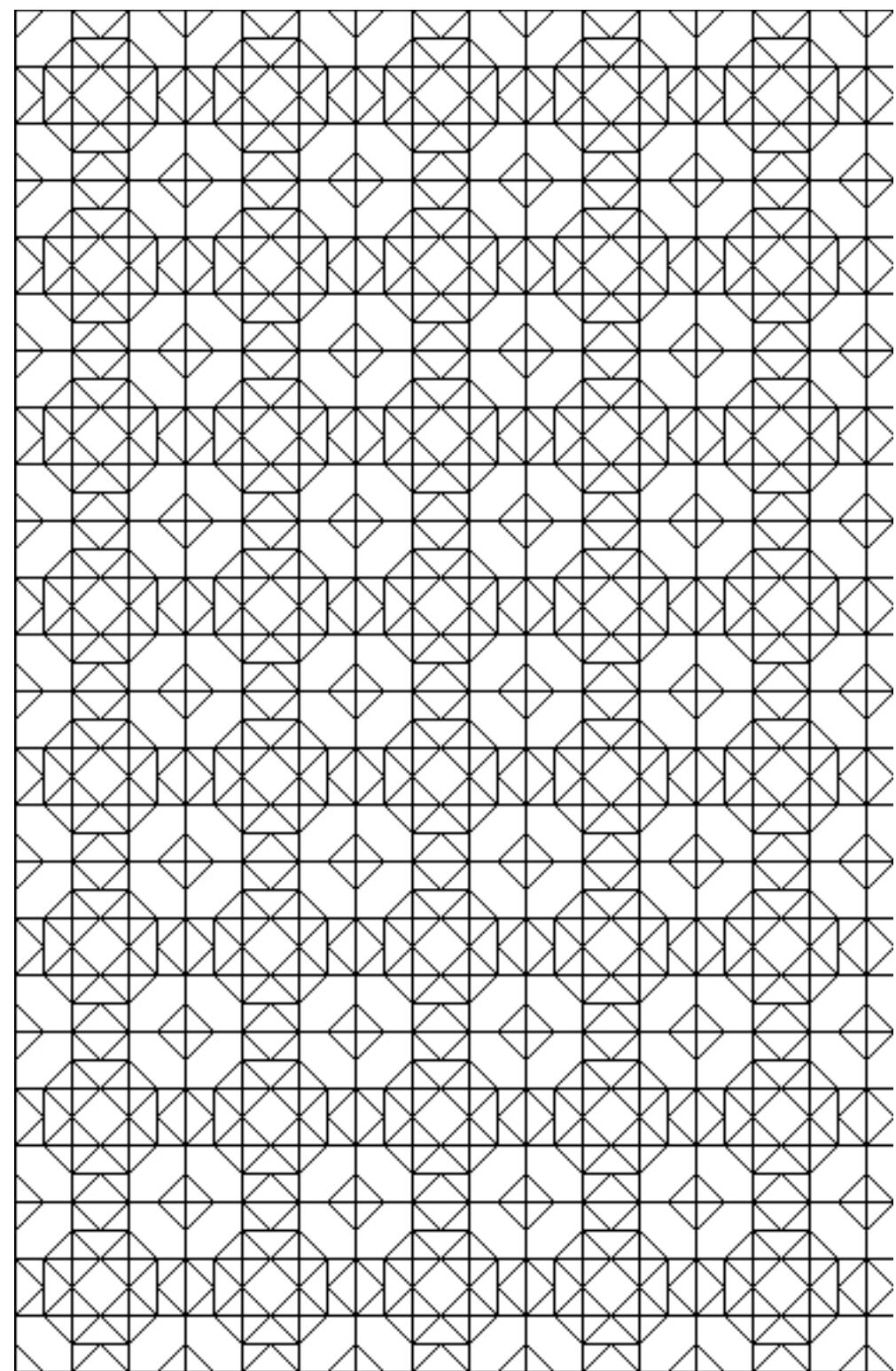
HOW SHOULD YOU BE NICER?

HOW SHOULD YOU BE MEANER?



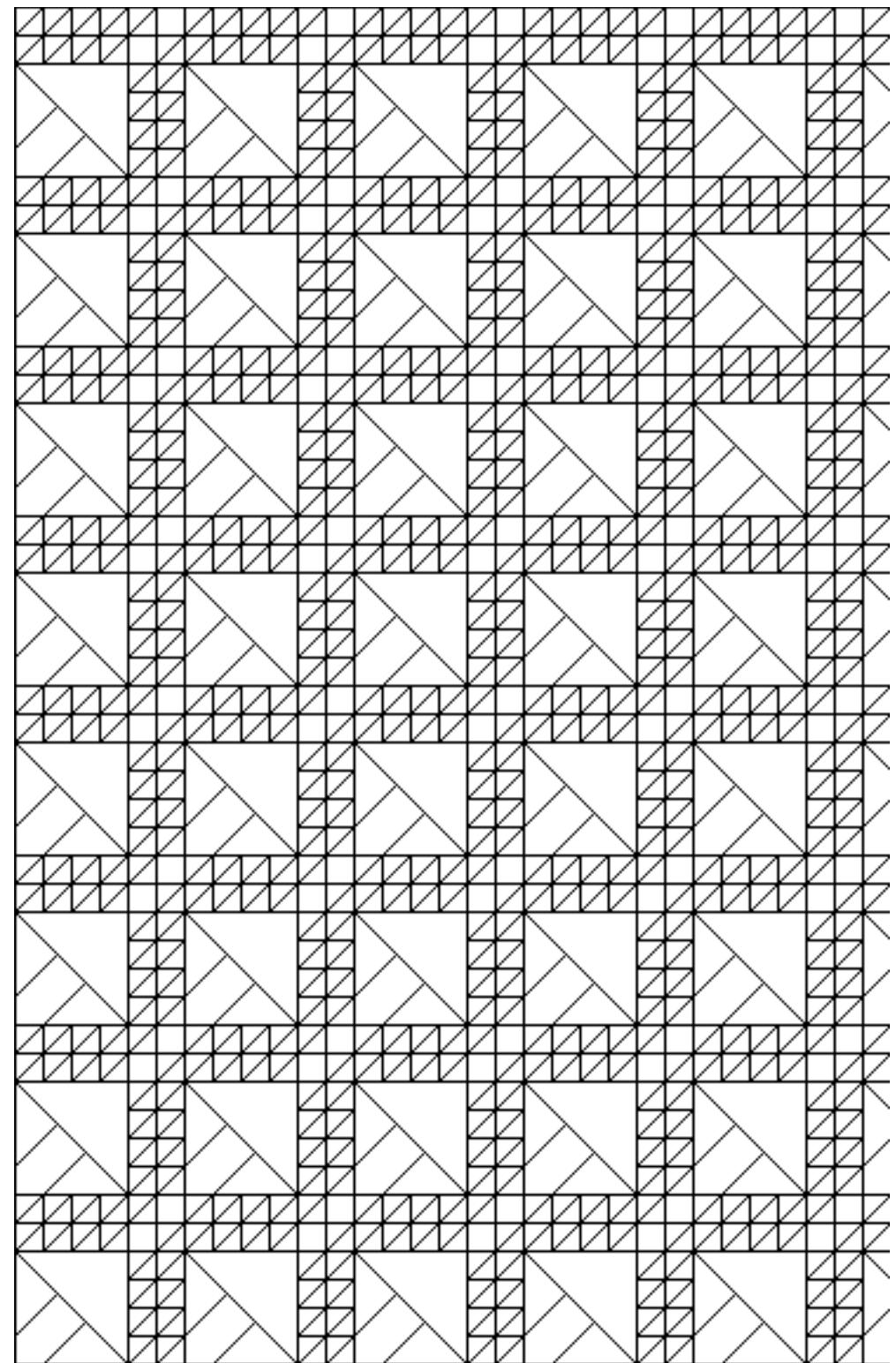
WHAT WOULD YOU LIKE TO GET RID OF?

WHAT DID YOU CONSUME TODAY?



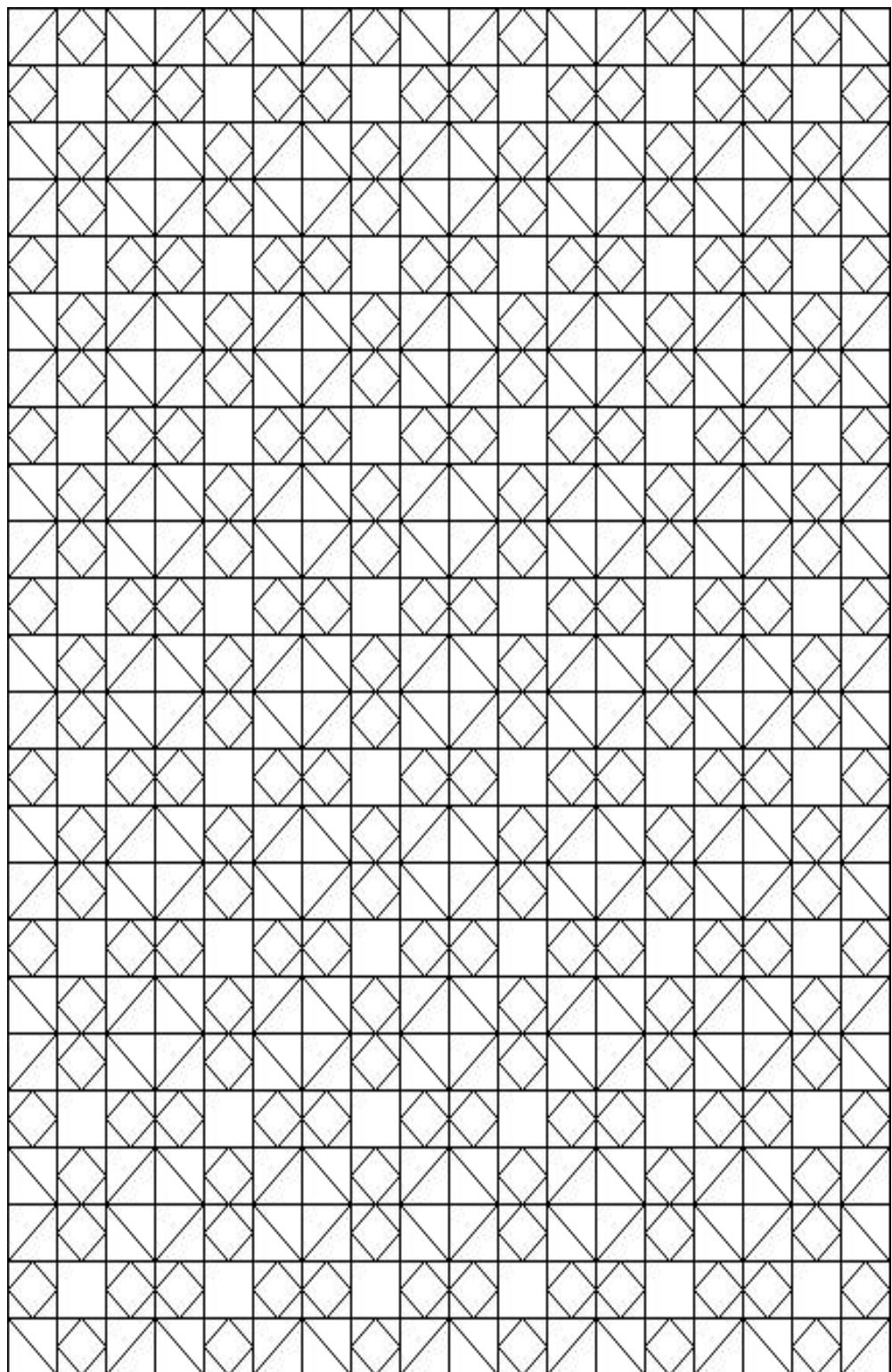
WHAT DO YOU REGRET?

WHAT DO YOU DESIRE?



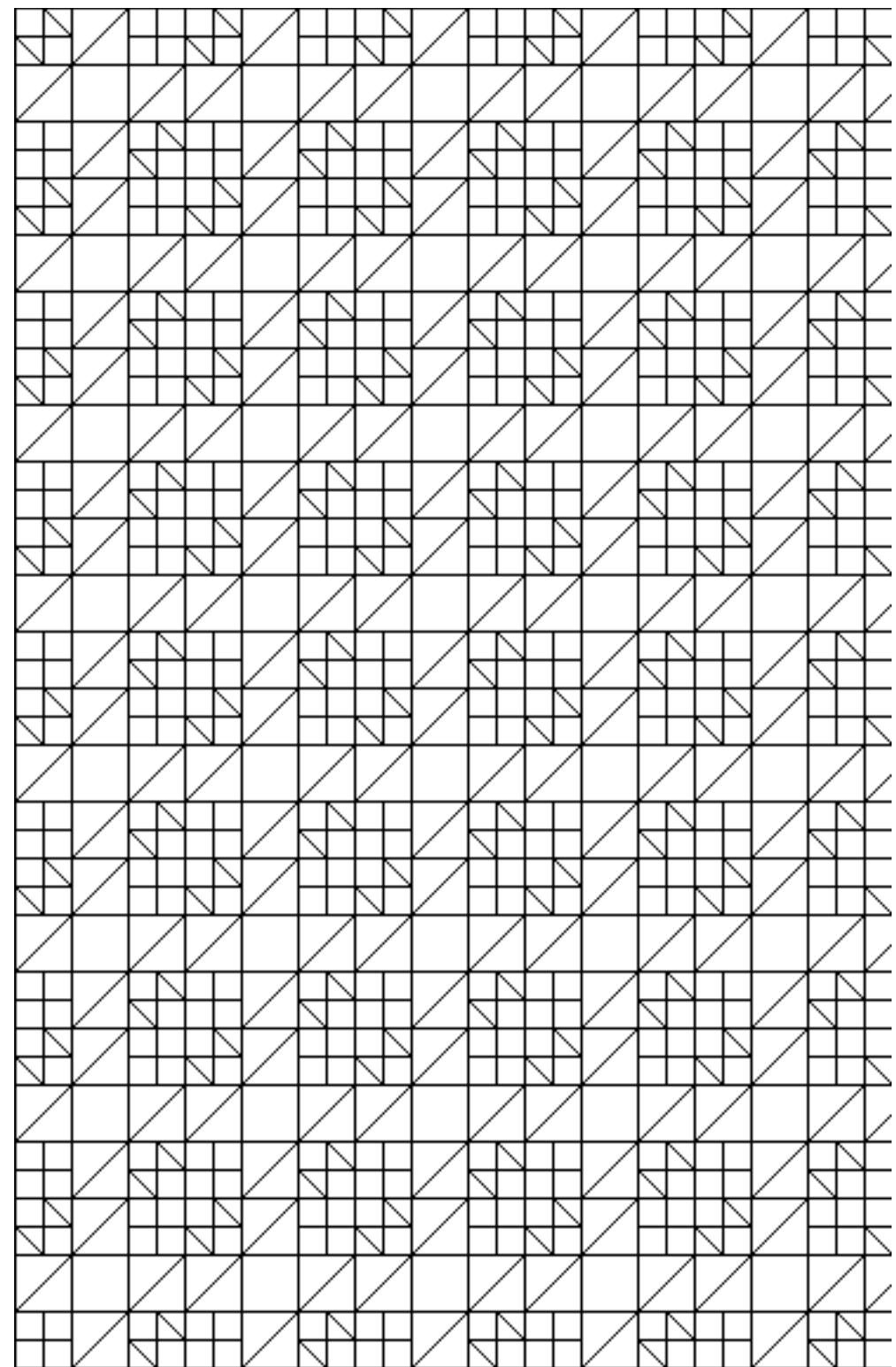
WANNA TALK ABOUT YOUR HISTORY?

WANNA TALK ABOUT THE FUTURE?



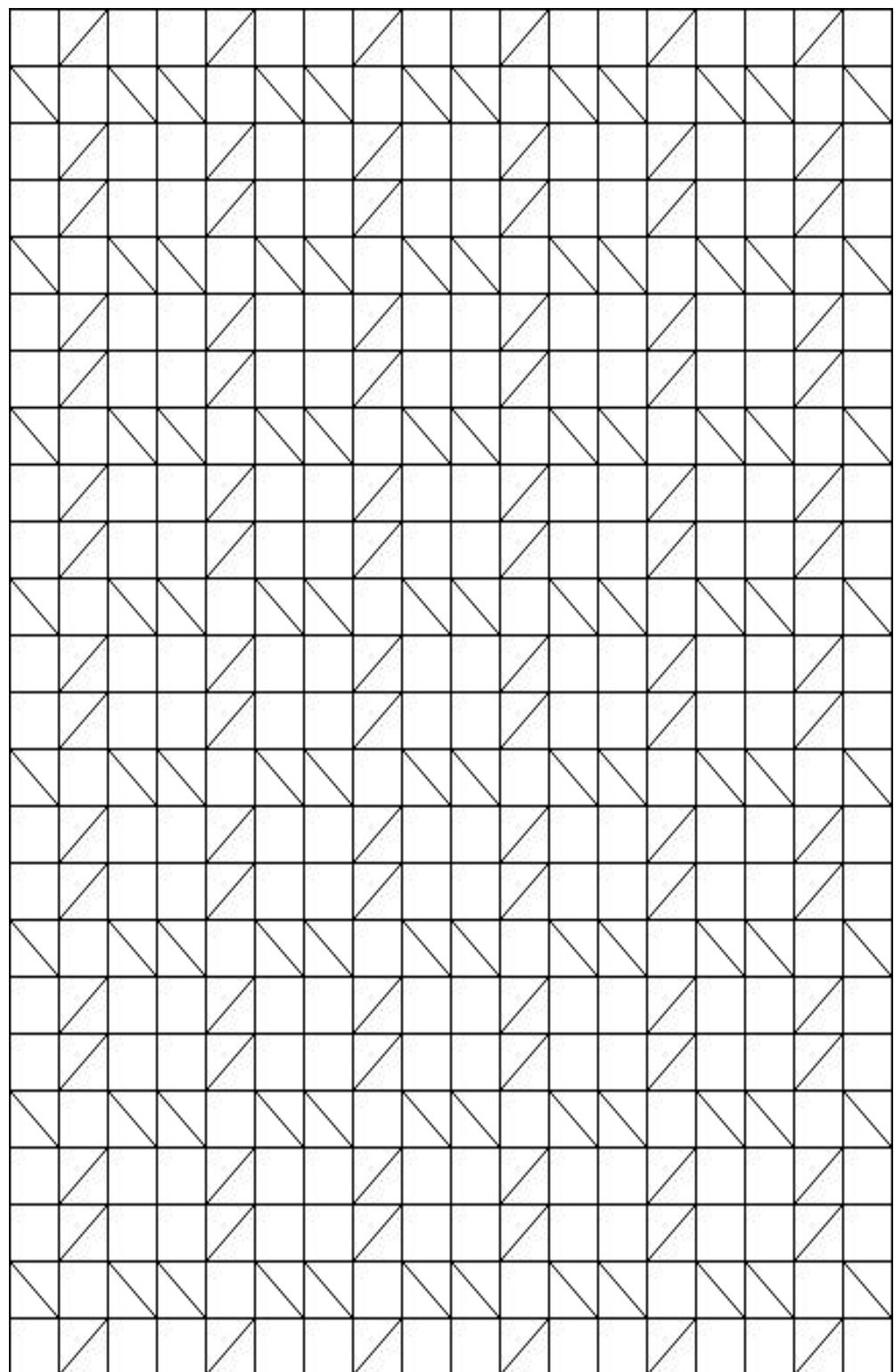
WHAT DO YOU FEEL BETTER ABOUT?

WHAT DO YOU FEEL WORSE ABOUT?



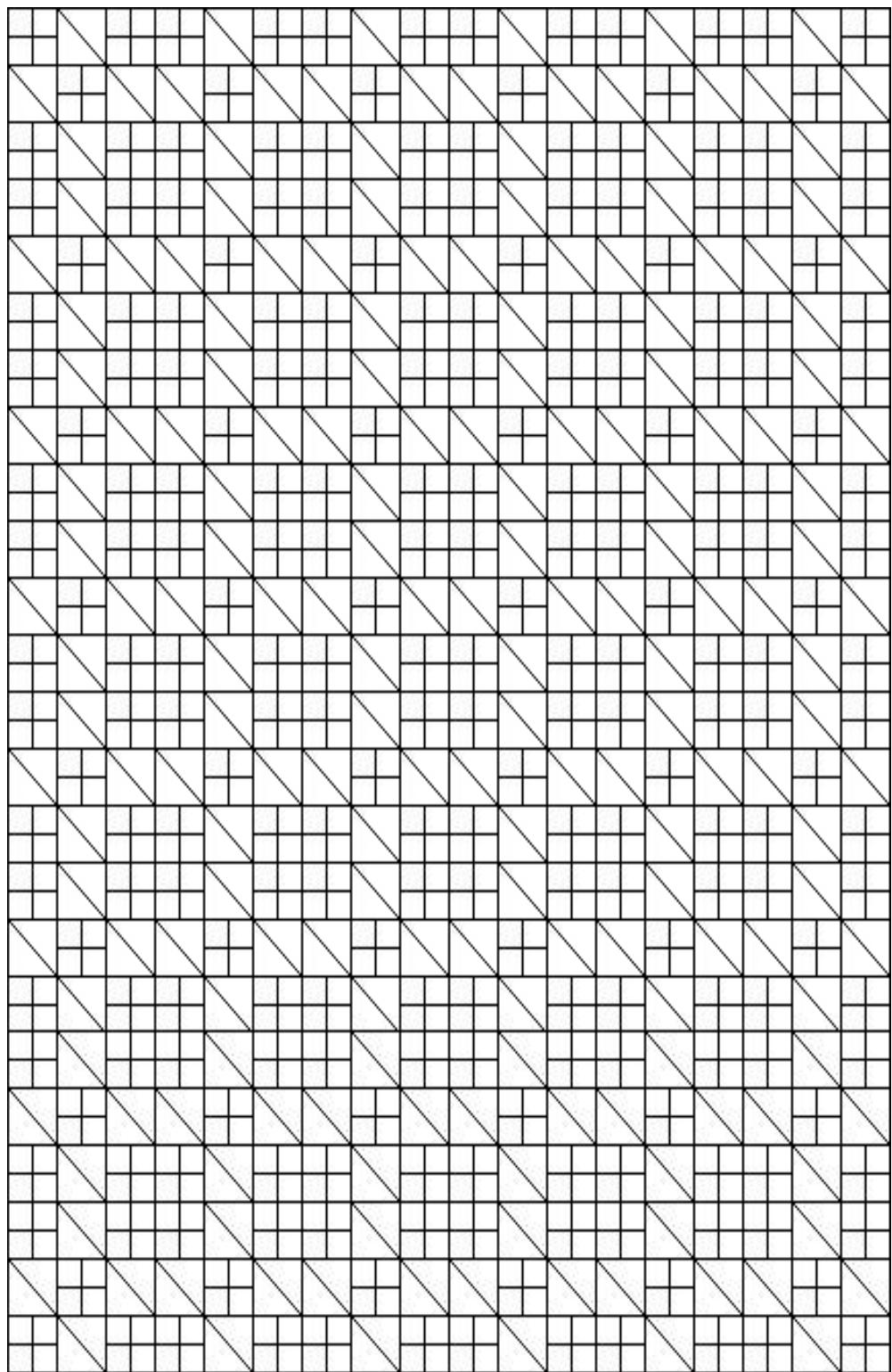
WANNA TALK ABOUT YOUR OWN SPACE?

WHAT REAL AND IMAGINED THINGS FILL IT?



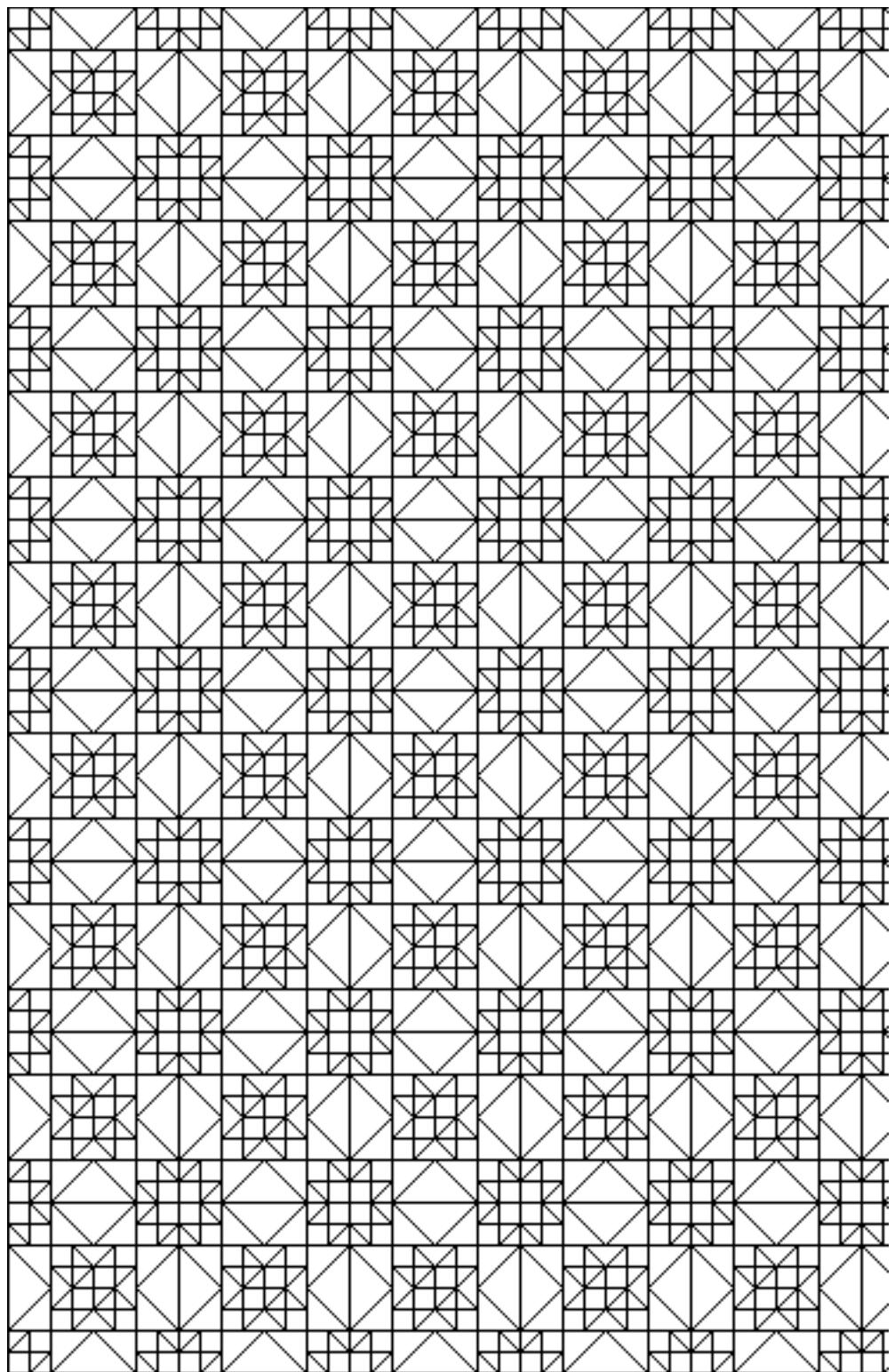
HOW DO YOU REGENERATE?

WHAT STILL BOTHERS YOU?



ARE YOU OKAY?

WHAT DO YOU NEED?



WHAT ARE YOU LOOKING FORWARD TO?

HOW CAN YOU MAKE IT HAPPEN?

