lovesickness can't be captured in tests
so i was told it was all in my head,
and how could i argue with that?

I was told my crying
was bad for business
Try to remember every hand that has ever touched you
Think of being touched by things that weren't hands
but made you feel like hands were on you
Then say I am not where I was
I'm in my skull

make yourself remain calm
I look at screens
Their glow penetrates my eye sockets
I am lobotomized with light
A thousand times a day