



# HOW TO APPRECIATE BUGS

(a zine to help you find love for your tiniest neighbors)


• If you have the space, consider growing a garden with flowers native to where you live! Even if it's just a little pot of them outside your front steps.



• Put in the effort, allow yourself to learn and grow, and soon enough: you'll be a genuine bug lover!!


• Stay tender hearted, my friend. The world needs more like you.



• **Make your own observations!** 

Flip over a rock or an old log and try to identify what you can! Allow a sense of childlike wonder to stay with you as you observe.

Remember to always be 100% certain that you know what an insect is (and if it's harmless to humans) before touching one. Safety first!

If it's harmful, observe from afar. 

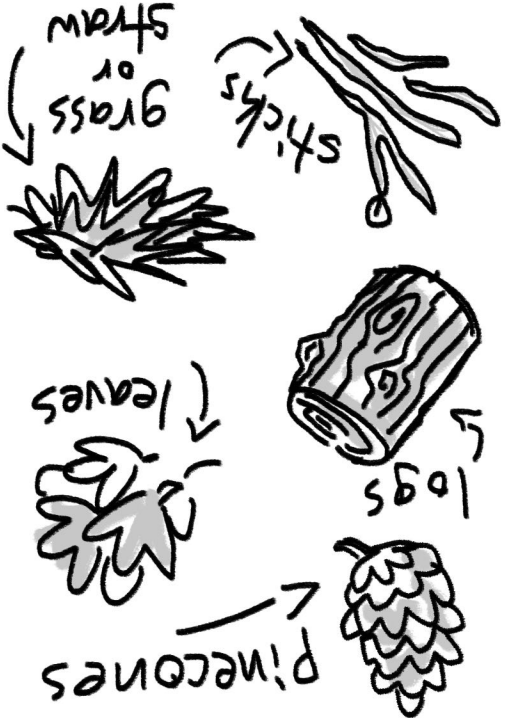


Let's learn how to support and respect them together. If you're afraid of them, you aren't alone! I'm proud of you for reading this far. Let's begin!

This zine lists some ideas and activities to open doors to positive bug associations in life. Insects are just as alive and precious as the rest of us!

Not the biggest fan of bugs? Do they make you feel uncomfortable or afraid? Just curious how you can appreciate insects more? This zine is for you!

Some ideas of what can go inside of your bug hotel:



★ Additionally, watching insect documentaries, visiting a bug zoo, or talking with entomologists is a great way to learn more about bugs around the world.

• Educate yourself on the bugs native to where you live! Learn what they like to eat, where they're usually found, how to identify them, and any fun facts that you could share with others when you spot them!

• Build a bug hotel! Bug hotels are man-made replicas of natural habitats that encourage biodiversity!

• They can be any size, just be sure to keep the contents as natural as possible.



• During autumn, remember to leave fallen leaves alone! They're an important shelter for many hibernating bugs.